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May 30 - June 12, 2019

Donald and Colleen Snow never planned to be farmers. But as providence would have it, they are now four years in to learning what it takes to be stewards of a grand calling — to respect the land and animals that give their life to give us life.

They have built a working farm that focuses on raising grass-fed and finished beef, pasture raised heritage breed pigs and free-range chickens for eggs. Providence Farm was established in 2015 with nothing more than some leased pasture land and a few cows. As the years progressed, pigs and chickens were added to the farm. Currently, the farm consists of around 100 cows, 200 pigs and 500 or so chickens.

The only thing missing was land. As first generation farmers, they did not own any land or equipment, but they were equipped with a passion and a determination to forge a path that has been a divine labor of love.

Rotational grazing is part of their sustainable farming model, so Donald has been traveling between three leased properties all 20-30 minutes apart from one another. This has been the rhythm of life for the Snow's for the last four years. "This was not an ideal situation, but



we had to work with what we had," said Donald. "We got to a critical point where we had to make a decision to sell our animals and downsize or change direction completely and walk away from the farm altogether."

Then, in late 2018 a telephone call changed everything. Dr. William Walker of Walker Century Farms in Anderson got in contact with Donald to inquire if he would be interested in purchasing some of the Walker Farms' cows.

Dr. Walker and his wife, Dr. Nancy Walker, were at a point in their journey where they were ready to slow down and focus solely on their registered herd of Red Devon cattle. They had endured an arduous couple of years searching for someone to manage the farm, without success, and the desire and capacity to continue working the farm at an extreme level was waning.

**SEE FARM ON PAGE 2**



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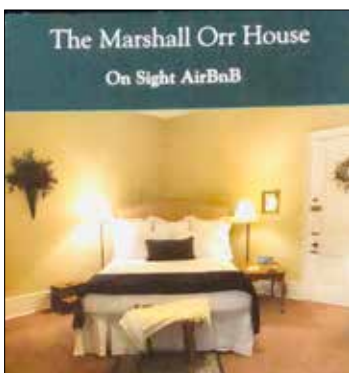
## Anderson County Woman's Club grows services with Airbnb

By Kay Burns

The Mission of the Anderson Woman's Club is to foster and encourage the educational, literary, cultural, and civic growth in Anderson County and preserve and maintain the Historic Marshall Orr House.

Still standing gracefully after 135 years, the Marshall Orr House at 809 West Market Street is still welcoming Anderson's steel magnolias and gallant gentlemen to her doorstep. The stately venue is available for weddings, receptions, dinners, showers, birthdays, anniversaries, graduation parties, as well as meetings and business receptions. And now, the Anderson County Woman's Club has joined Airbnb.com and designed an apartment that sleeps five people. It includes a queen bed, daybed, and pull-out sofa. Guests have use of the fully stocked kitchen with side-by-side refrigerator, stove, microwave & appliances. Guests will also have free wifi, tv, washer/dryer, as well as access to the beautiful grounds of the property. The nightly fee starts at \$65 and increases during special events and holidays. To reserve the apartment, go to Airbnb.com then enter Anderson, S.C. and look for the big white house with white columns.

The Marshall Orr House was built in 1883 by Dr. Samuel Marshall Orr, as a smaller replica of the home of his father, Governor James L. Orr. Gov Orr's home, known locally as "Forest Home" and "Arlington" was demolished in 1956. A physician in Anderson for 35 years, Dr. Orr owned a pharmacy, was involved with Anderson's first building and loan association and served as vice-president of the Farmers and Merchants Bank considered a pioneer in the textile industry because of his leadership in the Anderson Power and Electric Company where he served as president. He later became president and treasurer of Orr Cotton Mill. After Dr. Orr's death, the house was sold to Mr. and Mrs. S. Rhett Parker who resided there from 1905 to 1925. It was then purchased by Mr. and Mrs. Marshall Pinckney Orr and was given to the Anderson County Woman's Club (ACWC) in 1973 by their daughter, Mrs. Lula Orr Farmer. It was placed on the National Register of Historic Places that same year. Since that time, the house, also known as "Little Arlington," has served as the headquarters of the ACWC and as an events facility for those looking for a distinctive site for their special event.



## Farm

continued from page 1

A man marked by genuine hospitality, Dr. Walker invited Donald to his house to chat about buying cows. The conversation did not go as planned. Both gentleman sat across the table from one another realizing that there was something deeper that was beginning to take shape. Donald felt that purchasing Dr. Walker's cows was not the answer. There was a much bigger picture to consider. Walker Century Farms needed help stewarding their land and animals, and Providence Farm needed land and an opportunity to grow.

Both the Walkers and the Snows are self proclaimed foodies, so naturally, several initial business conversations took place gathered around the dinner table. There was immediate chemistry between the century farm and the first generation farm. They both realized that they had the opportunity to learn from one another and an even greater opportunity to work together to improve efficiency, productivity and overall sustainability of both farms. In January of 2019, Dr. Walker invited the Snow's to move all of their animals to their property, which consists of around 450 acres. In exchange, Donald will help the Walkers steward their pastures and animals. "This opportunity is nothing short of a miracle and a true testament to the faithfulness of Jesus," said Donald. "My wife and I have been praying for over four years that we would somehow have access to contiguous land, and not only were we given access to abundant amounts of land, we gained a very special friendship with the Walkers; they are now family."

Working together has its benefits in the farming community. Both farms have the same set of standards and values when it comes to raising animals on pasture, free to roam, without the need for antibiotics or steroids to control their well being. Both farms are focused on soil health by planting a variety of nutrient rich plants and legumes which provides a "salad bar" of nutrients for each animal to forage on and thrive.



Collaborating on these efforts means that both farms are able to produce excellent quality meats and eggs to consistently serve the greater community through sustainably responsible restaurants, retailers and their own on the farm market.

The Walker Century Farms Market, located at 110 Walker Road in Anderson, was a dream that Dr. Nancy Walker brought to life back in 2012 by purchasing an old school house and relocating it to the farm. She had a desire to share the benefits of healthy pastured meats with the community and invited other local farms, such as Southern Oaks Jerseys Farm, Split Creek Farm and Happy Cow Farm to be a part of the story as well. Nancy's dream has been a successful journey so far, but she was ready for a change. She recognized that the Market needed someone to take what she had built and add a new layer of innovation and vitality. She did not have to look very hard to realize that Colleen Snow of Providence Farm would be a perfect fit for this opportunity. Colleen's vision for the Market is to create a space that embodies a rich texture of growers, makers and producers from the Upstate who have a story to tell. A true community market that focuses on pasture-based meats and eggs, milk, cheeses, seasonal vegetables, honey, dry goods and unique gifts. The Market is open Thursday, Friday and Saturday 2 - 6 p.m.

Walker Century Farm and Providence Farm have been given a very special opportunity to walk through life together, working towards something bigger than the both of them; stewarding land, animals and resources, but the higher purpose and more importantly, to build lasting relationships that enrich the lives of the people in their community.

## THE Electric City News

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# FINAL SALUTE

## Veterans recognized for service at AnMed Health

By Liz Carey

The passing of a loved one is always difficult on families, but when that loved one has a history of service to our country, their passing signifies so much more.

That's why many think AnMed Health's Final Salute — a tribute to veterans who pass away within the facility — is a lasting memory that honors the veteran's service and comforts the family.

Lewis Seay said his family was touched by the tribute when his brother passed away. A member of the Air Force, Roy Seay fought during the Vietnam War.

"It wasn't long after he passed away that the hospital came to us to do that," Seay recalled. "I was sitting there alone with him waiting for my family to show up. It was a matter of minutes later that they came and made the presentation.

For them to stop what they were doing in order to salute him...it was absolutely awesome. It really meant a lot to us."

During the tribute, an announcement is made over the loud speakers to recognize a veteran's passing.



*AnMed Health's Final Salute is a lasting memory that honors a veteran's service, and the family is given a folded American flag.*

"Your attention please, one of our military service members has passed away today. It was our honor and privilege to care for him/her. Out of honor and respect to him/her and his/her family, we invite you to observe a moment of silence," the announcement says.

The family is then given a card and a folded American flag.

Jean Tillirson, MSN, RN, CPPS, patient safety manager, said the salute was instituted as part of the hospital's VetNET program, an employee resource group focused on supporting military employees, whether they are active, reserve, guard or veterans.

"Final Salute is an example of how AnMed Health recognizes the priceless contributions of our community members and their families," Tillirson said. "AnMed Health's employees are extremely caring, particularly those who work with and develop personal relationships with patients and their families on a daily basis."

AnMed Health instituted a version of Final Salute after Christi Evans, RN, BSN, ACM, manager for care coordination, experienced it with her father and brought the idea to AnMed Health Spiritual Care. Other departments and teammates joined in and it was launched on Veterans Day

2018.

Evans lost her father, 69-year-old John Gerik, in 2017. Gerik was a Navy veteran stationed in Portugal during the Vietnam War. During his stay at Texas Health Arlington Memorial Hospital, care team members there gave her father a final salute.

"After his passing, his body was draped with a flag," Evans said. "There was an announcement over the loud speakers, and as we followed his body out of his room, staff members lined the halls to the entrance. Those who were civilians put their hands over their hearts, and former military members saluted. Afterward, the hospital presented us with a folded American flag."

The tribute helped Evans remember her dad in a new light, and it was a tribute she hoped to give to veterans in the upstate of South Carolina as well.

"It was so very moving and so very emotional," she said. "I was so touched by it; I thought it would be so nice to have the same or similar program here."

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## THE GARDEN SHOP

# Admiring the gardens on tour in Greenville

By Susan Temple

Mother and I did our annual Greenville Garden Council tour a few weeks ago. This year's theme "Petite Gardens of North Main" featured eight gardens with a wide variety of styles and sizes. Petite to me meant courtyard types or the like. Some gardens were much larger than I expected. It never matters the size or styles of gardens. Every garden is an opportunity for ideas and to learn. The first one we toured was designed by Dabney Peeples. Garden rooms were a noticeable theme throughout the shady place. Rooms are a design idea I've never tried to do at my place. Maybe someday as shrubs get big, it may take on more of a room type look but it's not intentional. I tend to like to wander around in open places. Only thing I'm trying to close is my whole pasture, to close out neighbors. One of my favorite things of that garden was seeing a *Daphniphyllum macropodum*. Sorry, I don't know a common name. SCBG offered them years ago at their sale and I passed it up. They are rarely sold anywhere. It favors a rhododendron and really caught my eye planted at the base of a huge oak tree. My other favorite thing was the back of their



**SUSAN TEMPLE**  
master gardener

shed decorated with old garden tools. The paint was a chippy ol' blue color. The tools were all rusted and the two colors together were quite nice. I tend to agree with rust is a must. Last year I started a "sculpture" out towards the edge of the yard. In order to draw the eye out farther into my yard, I started grouping old tools on a metal casement window frame (yes, that I picked up off the street). I used it as a trellis. Old concrete pots, an old metal chair and antique wheelbarrow I no longer use, along with a few other miscellaneous garden decorations, were added to the spot. During spring cleaning, it occurred to me either I have to do something with this stuff or get rid of it. I see inspiration for a future story here.

Another garden was sloping down to a creek. The gardener is a friend and fellow Greenville master gardener. It is a special treat to see a garden when I



know the gardener. Paths meandered and wound through shrubs, trees, and lots of perennials. I didn't know Japanese painted ferns (*Athyrium niponicum*) would seed themselves around so. There were clumps of all sizes here and there. Then ferns were coming out of granite steps and between stepping stones throughout the garden. It was beautiful. The silver color, mixed in with chartreuse grasses, proved thoughts of no color in shade absolutely wrong. We also caught the final blooms of the biggest

rhododendron, growing in a garden, I've ever seen. The rosy red blooms had covered the rhody. The shrub was probably close to 20 feet wide and about 12 feet tall. A chartreuse oakleaf hydrangea, probably Little Honey, was beside it. Looking back up the hill, a periwinkle color bench was an extra pow of color in a perfect spot of shade. Information on future tours can be found through Kilgore-Lewis House.

Contact Master Gardener Susan Temple at [gardningirl@yahoo.com](mailto:gardningirl@yahoo.com).



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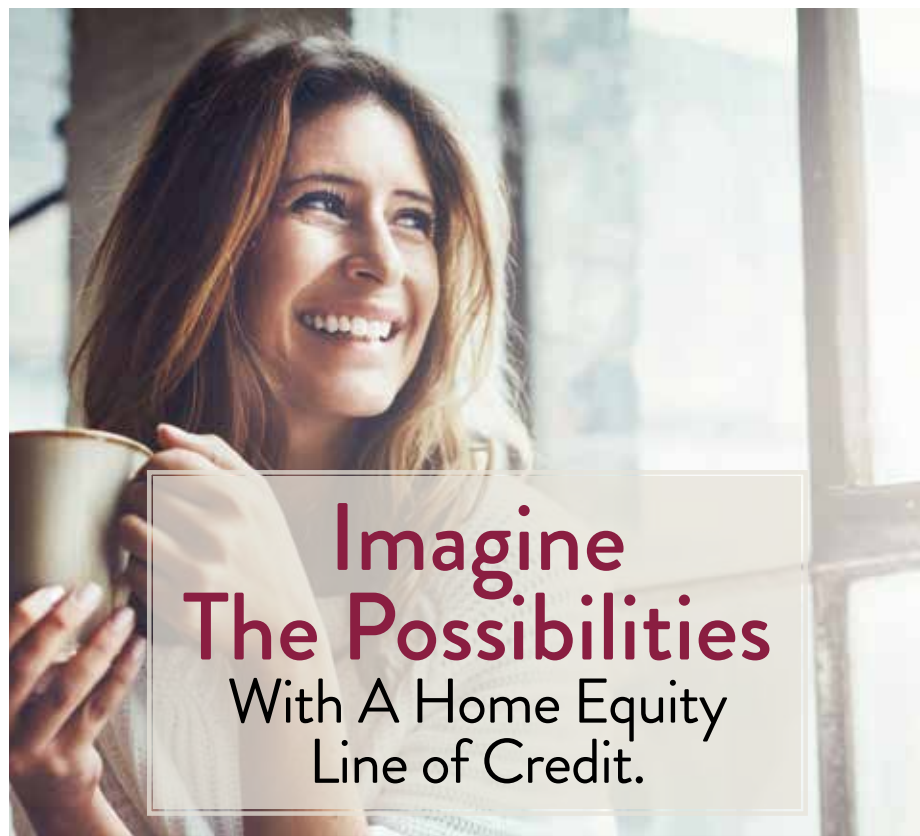
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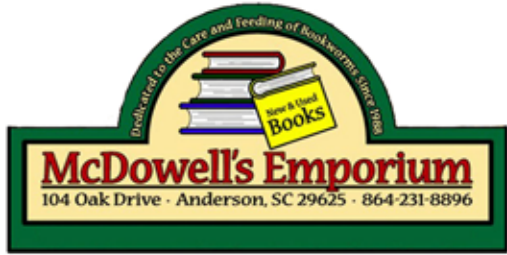
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## YOUR DENTIST CAN SAVE YOUR LIFE

# Take time for leisure and improve your health: Part II

By Dr. Gabrielle Cannick

So, the question is: Will you let go of your day-to-day “rat race” long enough to take time for yourself thereby ensuring a happier healthier you?

As we previously discussed, with obligations and responsibilities it is tough to disengage. Believe me I know the feeling and the challenges. But the truth is in order for us to keep up the pace we must protect ourselves. There is that point we all reach where our bodies and our minds signal...hey, you better take a break.

We need to listen.

So, what are we really talking about? **What exactly is the meaning of Leisure?**

Leisure activities are meant to de-stress us by diverting our attention away from work. This could be any recreational activity. It’s your choice. Health experts use the phrase “recapture your sense of self.” I say let’s remember how it felt to be a child on a lazy summer



**Dr. Gabrielle F. Cannick**

day. Could we as adults ever again reach such a carefree state? Perhaps not. But there are big rewards for making the effort:

**1. You increase your mental**

**fitness.** With your mind refreshed you think and work in a better way.

**2. You improve your health.** We know obesity and heart-related problems are big health issues in our society today. Why risk it? Turn off the TV and get moving. Put the fun back in your life.

**3. You reduce stress and ward off depression.** We all know work stress can lead to frustration and a negative outlook. Conversely, pampering yourself by indulging in something you really love gives you a sense of well-being and more satisfaction with the life

you are living.

You might prefer energetic activities — from simply walking to team sports — all the way to the more adventurous like rock climbing or trail biking. Then there is good old fashion “back porch” relaxation. You know, like our grandparents enjoyed, smart people that they were.

Whatever mode you choose, you’ll feel refreshed and rejuvenated, and you will be able to work better and with greater efficiency. Word to the wise. Don’t wait for the right time. If you can’t find time for YOU each week, then make sure you give yourself at least 1-2 days of exclusive “me-time” per month. In truth, we can teach ourselves how to live life more enthusiastically and rediscover ourselves.

*What we do during our working hours determines what we have; what we do in our leisure hours determines what we are.* — George Eastman

Love yourself. Reduce the stress in

your life by taking leisure time for... you! If you have questions, I invite you to reach out to us. Think of us as your hometown resource for guidance and support.

*Dr. Gabrielle F. Cannick is the owner of Grand Oaks Dental, located at 3905 Liberty Highway in Anderson. A strong believer that dental fear and anxiety should not prevent any patient from receiving the highest quality dental care, Dr. Cannick has received extensive training in Sedation Dentistry and is a certified member of the Dental Organization for Conscious Sedation. She is also a member of the South Carolina Dental Association, the American Dental Association, the Academy of General Dentistry, and the American Academy of Dental Sleep Medicine. For more information about Grand Oaks Dental and the services provided, please call 864-224-0809, or click to [grandoaksdental.com](http://grandoaksdental.com) or visit us on Facebook at <https://www.facebook.com/GrandOaksDental>.*

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# Building your business and cultivating confidence

By Mary-Catherine McClain Riner

So often clients complain of not sticking to plans, achieving goals, and obtaining dreams. Clients also report significant stress within their work environment and fear launching a personal business. In my experience, one of the biggest internal roadblocks is confidence. It still blows my mind when I work with talented, brilliant, and gifted individuals who lack confidence in his/her ability to pursue amazing and very tangible passions. One of the gifts I strive to provide clients is validating goals and believing in their dreams. I am one of the lucky ones who have two loving and supportive parents who never doubted my abilities — yet I realize not everyone has this experience. Sadly and unfortunately, too many people have met someone in his/her life that planted seeds of insecurity, self-doubt, and fear in general.

If you are lacking in confidence or have a friend who may need some encouragement, consider these 8 key steps:

**1. Let go of Perfectionism:** This 30-ton shield does not protect us but rather



MARY-CATHERINE  
McCLAIN RINER

prevents us from fighting and pursuing individual aspirations. Ironically, it is when someone embraces imperfection that confidence is boosted. It is OK to not know it all and to not have all the answers. You do not have to be perfect to be a successful business owner. Remember, most successful people fail before success is tasted. Just launch!

**2. Let go of what other people think:** Having the support of a loved one or someone in general is not a requirement for confidence and success. It is not your business to invest in what other people may be saying about you. In other words, constantly people pleasing is a confidence killer. If someone provides feedback that fits with your goals and aspirations, excellent! If not, you can still be grateful and kind towards people giving you advice while not honoring their advice. Embrace your own decisions and then you won't need the approval of others to make

a decision. Remember, people often project their own fears of failure and anxiety when encouraging someone not to follow a dream/passion.

**3. Acknowledge prior accomplishments and disappointments.** If you choose, disappointments can increase momentum. Accomplishments can also reinforce goals and strengthen confidence. Keep a record or journal, and review weekly or monthly.

**4. Embrace worse-case scenarios:** If you can imagine and accept worst-case scenarios, fear cannot hurt you! Identify potential negative consequences and list corresponding solutions — ultimately reducing uncertainty and increasing confidence.

**5. Utilize mentors and resources:** Find the right mentor who can support you, assist you, and provide feedback. Mentors can also assist with expanding ideas as well as increasing revenues, identifying new initiatives, and developing funding paths. Let someone else point out potential pitfalls so you do not make mistakes. A great service is: [www.MicroMentor.org](http://www.MicroMentor.org)

**6. YOU do YOU!** Comparisons steal joy and also diminish confidence. Try to re-frame comparisons as each individual has strengths and weaknesses. Also, comparisons based on external and outward traits do not measure up to what is on the inside. Don't compare apples and oranges — it just does not make sense!

**7. Love yourself and take care of you:** Creating and managing a business is not always easy or the fairy tale people sometimes imagine; it takes hard work and long hours. Focus on learning from successes and disappointments. Likewise, do not let disappointments or "failures" define yourself. Similarly, confidence grows when we take care of ourselves. Doubt increases when you are hungry, tired, and/or off balance. Create realistic expectations. Do one thing per day for yourself and watch your self-confidence blossom.

**8. Choose abundance over scarcity!**  
Mary-Catherine McClain Riner, Ph.D., Ed.S, M.S., Licensed Psychologist, Riner Counseling, LLC; [www.rinercounseling.com](http://www.rinercounseling.com); 864.608.0446; [www.linkedin.com/in/mcmclain](http://www.linkedin.com/in/mcmclain).

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# Anderson violinist performs at Piccolo Spoleto

Celeste Griffith, a violin instructor and orchestra teacher at Southwood Academy of the Arts, has a private violin student who has been chosen to perform at Charleston's Piccolo Spoleto Festival in the Rising Star program.

Jack Heeney, 16, is the son of John and Kathryn Heeney and grandson of John Greene. He is a junior attending T.L. Hanna High. Currently, he has an overall academic score of 5.007 GPA, and he will complete South Carolina's state requirements to

graduate at the end of this school year.

He has been performing since he was 5 years of age, beginning at the Calhoun Academy of the Arts orchestra.

He has been a member of the Carolina Youth Symphony, in Greenville since 2011. He performed in the McCants Middle School orchestra and in Honors Symphony in high school. Jack was Concert Master one year and participated in All Region. He was Co-Concert Master one year and participated in

All Region Honors Orchestra, and All State multiple years.

He performed in Fiddle Fest and Celtic Fest in middle and high school.

The CYS Symphony Orchestra also performed in Carnegie Hall on April 21, 2019.

Jack's interests include fly fishing, tying flies, USA Swimming, reading, and anything to do outside and with water. He also enjoys playing the mandolin and practicing the banjo.



Jack Heeney

## Bonnie & Clyde kicks off 2019 Anderson Theatre Festival

By Mary Haley Thompson

The Anderson Theatre Festival announced its fifth year lineup featuring a summer full of performances. The festival includes fourteen shows that run May through August. Theatre organizations across Anderson County have combined forces to offer a unique blend of productions from Shakespeare to *Disney's Frozen Jr.*

The Market Theatre Company kicks off the festival with *Bonnie & Clyde the Musical*, an electrifying story of love, adventure and crime.

Join us as we dive in with Dalton Cole, the director of the show.

Dalton caught the theatre bug in middle school when he performed his first show at Hart County Community Theatre. He later found his niche embracing the technical side of productions. Dalton graduated with a degree in theatre from Anderson University and is now the Technical Director of Theatre for the South Carolina School of the Arts at Anderson University. He is also one of the

four founders of The Market Theatre Company and serves as the organization's Technical Director.

**As a director, do you have any trademark traditions as you prepare for a show?**

"I steer clear of watching movie versions or other productions of the show so that I don't copy anyone or accidentally inspire a particular character choice or scene," Cole explains. "I like to be as original as possible."

**Of the shows you have directed or been a part of, how is *Bonnie & Clyde* different?**

"This is the first musical I have ever directed, and a big one at that!"

**How did you have your cast prepare for their roles in the show?**

"I did have them study the history of their character, but not to copy them. It's good to know where you come from but also good to make your own decisions."



**What is your favorite number or moment in the story?**

"I have two favorites. One is the when Bonnie is singing in front of the headlights of the car during the musical number, "How bout a Dance". It is a beautiful moment. The next happens at the end of musical number, "Raise a Little Hell" when Ted joins in singing with Clyde and Buck. The combination of harmonizing voices and dramatic tension makes the hair stand up on the back of my neck."

**What type of set or production pieces can the audience expect to see at the Market to help bring this show to life?**

"The best (and my favorite) part of the set is the car. We bought a rusted out 1929 Chevy and dismantled it to fit inside the theatre. It's the backdrop for the entire show."

While Dalton dedicates much of his time running tech and building sets, he is also making his mark

as a successful director. "Dalton has a very relaxed directing style in the sense that he lets the actors play with their characters while still knowing what he wants," says Kaitlyn Fuller, *Bonnie & Clyde* cast member. "We meet in the middle between our work and his vision, creating a show that is personal and heartwarming," Fuller said.

*Bonnie & Clyde* will run its final weekend May 31 - June 2 and tickets can be purchased online or at the door. The market is located downtown at the Anderson Arts Center. Visit [www.marketanderson.org](http://www.marketanderson.org).

There are still many performances in the coming months as part of the Anderson Theatre Festival. The event will feature its annual "Passport" competition for audience members to track their attendance. Participants will be entered to win a \$100 downtown gift card or flex tickets to be used at any participating theatre.

For more information, visit [www.andersontheatrefestival.org](http://www.andersontheatrefestival.org) or "Like" their page on Facebook.

## Artist channels talent to become 'Instrumental' in helping those in need

By Mary Haley Thompson

Studies show that 44,000 children and 52,403 families live below the poverty line in Anderson. Those who suffer are unable to experience certain aspects of life such as healthcare, education and community. Learn how one artist will use her talent to become "instrumental" in helping those in need.

Beginning June 7th through August, the Anderson Area YMCA will showcase the work of watercolor artist, Jamie Hansen. For every piece that is purchased, Jamie will donate thirty percent of the sales back to the organization's annual campaign. The YMCA uses those funds toward scholarships for individuals and families to enroll in programs such as swim lessons, youth sports,



Jamie Hansen

summer camps and general memberships.

Join us as we dive in with Jamie Hansen, whose work will splash a new wave of color into the YMCA and beyond.

From taking pottery classes as a child to studying art in the US and abroad, Jamie was born to create. Although she was driven at a young age, the destiny of Jamie's career would be shaped by a teenage boy. At sixteen years old she fell in love with the lead singer of a rock band who later became her husband. Chris Hansen now teaches music at Anderson



University. His work inspires the

musical themes in her current series.

After graduating The University of North Carolina at Pembroke with a bachelor's degree in Fine Arts, Jamie pursued a career in graphic design and marketing. In 2017, she took the leap to pursue life as a full-time entrepreneur and artist.

Jamie started using watercolors in 2002. Watercolor paints were small and portable; she used them to document her travels while studying in Europe. Her current watercolors are characterized by loose washes of bright color. She uses wet-on-wet techniques to capture the motion of water in her paintings.

Jamie's current series of work celebrates music. Inspired in part by her husband's career, Jamie creates brightly colored pianos, woodwinds and other instruments. She is

working towards painting every instrument in a symphony.

In March, Jamie traveled to St. Louis to study with internationally recognized watercolorist Carol Carter.

While Jamie's work is showcased around the world, she is dedicated to the Anderson community. She shares her collections at local events downtown, the Anderson Arts Center and the Anderson Mall. You can also find her pieces displayed at Bay 3 Gallery.

Make sure to experience a watercolor world of art beginning June 7th through August at the Anderson Area YMCA. Jamie will showcase nearly 30 new paintings of musical instruments. The exhibition is open to the public. Find Jamie online at [www.jamiehansenart.com](http://www.jamiehansenart.com).

NIBBLE & SIP

# How to Survive a Hurricane

By Kim von Keller

Do not underestimate the power of hurricanes. Once they're gone, you may find yourself injured, ill, and confused. There's a lot to be cleaned up in the aftermath, and it's important to stay on the right side of law enforcement.

Of course, I'm talking about the drink, although the storm can be dangerous too.

I've been thinking about both kinds of hurricanes this week, as I'm spending it with my extended family at the Isle of Palms. IOP has changed dramatically since Hurricane Hugo struck the South Carolina coast in 1989, and so has my family in the 26 years we've been vacationing together. What started as two couples and one baby has now grown to two couples with four young adults, plus their significant others. Since everyone is of age now, we've done away with Capri Sun and Goldfish crackers in favor of a nightly cocktail and



Kim von Keller

homemade snack before dinner. And one of those cocktails is always the hurricane.

If you've ever been to New Orleans, you know the drink I'm talking about. It's super sweet and the color of the Kool-Aid man, and they're easy to guzzle without realizing how much rum you've consumed. If one seems like a good idea, two seem better, and by the time you've finished your fifth, you're dancing as if no one's watching. They are, though, especially when you've thrown up on your shirt while trying to make your one phone call from the county lockup. This is the kind of irresponsible drinking that Nibble and Sip expressly condemns.

It is possible, though, to survive a hurricane. The first step is to pick the right recipe, one that that doesn't rely on

powdery mixes. The second step is to drink it slowly, enjoying the flavors of golden rum, orange, and passion fruit. And the last step is to pair it with food, preferably something that reminds you of the sea. I'd suggest the hot crab dip made famous by Alton Brown. While you're nibbling and sipping with your friends, you can review your preparation for the other kind of hurricane. Batteries? Check. Bottled water? Check. Cheese doodles and a case of wine? Sounds like you're ready.

### IOP HURRICANE

- 2 oz. golden rum
- ½ oz. fresh orange juice
- ¾ oz. fresh lime juice
- ½ oz. passion fruit syrup (available in party stores and on Amazon.com)
- ¼ oz. grenadine

Combine all ingredients in a cocktail shaker filled with ice and shake vigorously. Strain into a rocks glass filled with fresh ice, and serve. Makes

one.

### HOT CRAB DIP

- 6 oz. cream cheese, softened
  - ¼ c. sour cream
  - ¼ c. mayonnaise
  - 1/3 c. freshly grated Parmesan cheese
  - ½ t. red pepper flakes
  - ¼ t. salt
  - ¼ t. garlic powder
  - 2 6-oz. cans lump crabmeat, drained well and picked over for shells
  - 1 c. shredded cheddar cheese
  - Assorted crackers
- Preheat oven to 325°. Grease a small, shallow casserole dish. In a bowl, mix cream cheese, sour cream, mayonnaise, Parmesan, red pepper flakes, salt, and garlic powder until well combined. Gently stir in crabmeat. Spoon into prepared casserole dish, smoothing the surface, and cover with cheddar cheese. Bake for 10-15 minutes, or until the cheddar cheese is melted and the dip is heated through. Serve with crackers.

# Kids summer fashion

By Kristine March

The kids are practically out of school with just a few more days to go. It's time to dive into summer wardrobe. We can dress our "littles" super fashionably and affordably this season. I have been shopping recently for my eleven year old son and I have come across some really cute well-known brands that every child needs in their wardrobe, for both boys and girls.



For starters you can never go wrong with a pair of the classically cool Converse Chuck Taylor's. They originally were intended as a basketball shoe. So they're super comfortable and at right around \$50 bucks, affordable. You can dress them up or down and are great for the park to play in or even a formal event if worn with the right attire. They have every color and print you can think of.

Next on my list is Levis for kids. From soft button down denim shirts to checkerboard shorts and shortalls and effortless denim dresses. Anything Levis is casual, chic and relaxed for your kiddo.

My third favorite kid brand is for the pool or beach and that's Quicksilver. Straw hats with chin strings are so great to protect them from the sun and they sell

for \$20 bucks. From swimsuits to sandals to board shorts, they have everything you need for them to make a splash this summer. My fourth pick is Ray-Bans for kids and this is a splurge item of course. Protect their little peepers with a huge selection of styles from aviators, round, and even mini wayfarer juniors are absolutely classy and chic on your cutie patootie. Owning a pair will teach them about being responsible and taking care of nice things as well. It's a win-win. To finish off these looks add a cute bandana. Don't forget to put TJ Maxx and H&M on your list for good deals as well. Happy Summer y'all.

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Pictured: Shock this Block Creative Consultants

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# The things, they are a-changin'

By Kim von Keller

There are a lot of ways to measure the changes in the life of a family. Photos of weddings, anniversaries, babies, baptisms, and birthday parties are pasted into scrapbooks. Certificates and trophies and diplomas are displayed. Names pass from one generation to the other.

My family knows how much we've changed by the things we lug to the beach.

I write this from the Isle of Palms, South Carolina, where my extended family has vacationed for the past 25 years. Some things about our beach trip are constant. Every surface of our rental is covered with a thin veneer of sand. Sunburns persist, no matter how diligent we are with sunscreen. We are always the loudest group in any restaurant.

But in the early years, when my daughter was the first member of Gen 2.0, it took us a solid hour to make our way from the

house to the beach. First, we had to load up the tent to provide a respite from the sun. Next, there were the chairs. Then, there was the Pack 'n' Play. There were towels and toys and sand bucket sets and snacks and water bottles and sippy cups. After a couple of years, my sister had a baby, then a second, and then a third. By the time the set of cousins was complete, our convoy of wagons would have been as well-suited for the Oregon Trail as they were for the 51st Avenue beach access trail.

Over time, we swapped out toddler stuff for big-kid stuff. The Pack 'n' Play was no longer necessary once everyone stopped eating sand, and we replaced it with boogie boards and tide pool nets. The sand bucket sets became larger and more complicated, and then the whole group discovered bocce. Once the boys discovered fishing, there were rods, reels, tackle boxes, bait buckets, and cast nets.



Kim von Keller

Somebody bought a cornhole set. It's a good thing child labor laws don't apply to vacations because once Gen 2.0 could walk AND carry stuff without falling down, we put everybody to work.

Eventually, though, we all outgrew the need to lug so much to the water's edge. The first thing to go were the sand buckets, followed by the boogie boards, and we haven't needed a wagon in several years. The kids became expert swimmers, and we taught them to hunt for sand dollars. (Whoever finds one first gets a bag of M&M's, and not the single-serving bag, but the family-size bag. It's a much sought-after prize.) We talk about college plans and wedding plans and which restaurant

makes the best shrimp and grits. We walk along the beach and pick the house we're going to buy if one of us ever wins the lottery.

As I'm closing this story, the rental house has come awake. In addition to the family, three significant others complete the group. There's bread in the toaster and last night's shrimp and grits in the microwave. Coffee is being brewed in waves. Sand is still everywhere. There are a couple of sunburn victims. Everyone is weighing in on the "Game of Thrones" finale, and I'm pretty sure they can hear us at the house next door. But when everyone has been fed and the dishes are in the dishwasher, we'll leave for a three-minute trek to the beach carrying chairs and towels and nothing more. If there's one thing that's changed over 25 years, it's that we've finally learned that when we're all together, we really don't need anything else.

## HOT HITS

# So this happened...

By Justin Tyme

On Sunday of Memorial Day weekend, I forgot my dog, Chloe, was in the car when I walked into the radio station to do my show. I almost lost her.

It was my mother who saved her life. It was my mother who saved both of our lives. I guarantee you I would have died of a broken heart and wouldn't have been here this morning.

My mother worries a lot. It's part of her DNA. In addition, years of me, her only child, running wild, added to her anxiety.



Justin Tyme

She needs daily, and sometimes hourly, communication with me. Its over bearing at times. But yesterday, it was all justified. Mom had texted and was trying to get in touch with me repeatedly during the 20 minutes Chloe was in my car. Anyone else would have waited and waited — but not my mother.

I have extreme guilt over the way I hurt my mom during my lifetime. I've lost so much trust and self respect that

sometimes makes my life very difficult. Yesterday's incident made all those years of heartache seem worth while. At that moment — right before I opened the hatchback and found Chloe just fine, I felt true heartbreak. In the last few weeks, I allowed someone to hurt my heart and it's been a little rough. But yesterday I saw what a broken heart really feels like and suddenly I am healed completely. Everything happens the way it is supposed to.

Thank you, Grandma. WE LOVE YOU.

Justin Tyme can be heard on HOT 98-1 Saturdays and Sundays at 3 p.m.

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MUSINGS OF AN OLE BALL COACH

# A tale of two coaches



**JIM FRASER**

I recently attended the final rites of two of our state's coaching legends. Cally Gault guided Presbyterian College's football fortunes from 1963-83. He molded the lives of hundreds of solid citizens and won a boatload of games along the way. Jimmy Satterfield won a National Championship at Furman, accomplishing what more celebrated Purple Paladin mentors such as Dick Sheridan, Art Baker and Bobby Johnson were unable to do.

Both of these coaches transitioned from high school to college success, all in South Carolina. I have a learned group of friends whose expertise

runs the gamut of college football, politics, and whether mustard based or vinegar based barbecue is best. Their contention is that high school coaches can't be college head coaches. They must think that you need a separate set of skills and scheming on a higher level. Not so, check Jimmy and Cally out.

Coach Gault had unparalleled success at North Augusta High before moving up to Presbyterian College. His Yellow Jacket team once won 48

consecutive games. When I became coach at Aiken in 1962, he answered the call to go to his alma mater a year later, which elevated our chances to beat North Augusta after a 19 year hiatus. My appreciation for his Presbyterian College program was enhanced by the number of Hanna players he signed to scholarships: Ted Wentzky, Mark Kay, Bert Campbell, Dean Price, and Tom Wilson. Add former Hanna Coach Bruce Ollis and current Athletic Director John Cann and you have a group of stalwarts that would make any coach strut.

Let's not forget his fa-

mous Callyisms, "I'm tired of these 80 yard drives that stall on the 30 yard line," and "Half of y'all go over there, the other half over there, and the rest of you come with me."

Jimmy Satterfield started his coaching career at Eau Claire and Irmo High Schools before assuming control of the Furman Paladins from 1986-93. His '88 team won the Division 1-AA Championship, the first ever by a Southern Conference School. He finished his career at Lexington High where he was one of, if not the first, to have in-school weight training and practice. His 75% winning pct at three high schools and a college

is as the millennial's would say, "totally awesome".

Jimmy's brother Steve also parlayed his high school success into a college position. I included Steve in this article for the many Hanna players that played for him. After leaving Sumter High he had a brief stint at Clemson before taking the reins at Wofford. He persuaded Kent Saad, Sammy Brown, Clay Evans, and William Calhoun to become Terriers and also receive a world-class education.

Chuck Allen was my aide de camp on both of these somber excursions. He coached defensive line for Coach Satter-

field for two years, and volunteered coaching at Brookland Cayce and T. L. Hanna.

All the aforementioned names have made my earthly trek much fun. Wait, I need a stronger word, how about downright exhilarating? It's good that coaches aren't well paid. Everyone would want to coach, and there would be nobody to build things and heal people and run the world. Happy musings.

*Jim Fraser was the athletic director and head football coach at T.L. Hanna High School from 1968-1985. He was also a full time member of the faculty who taught U.S. History.*



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## Fant family store lasted four generations

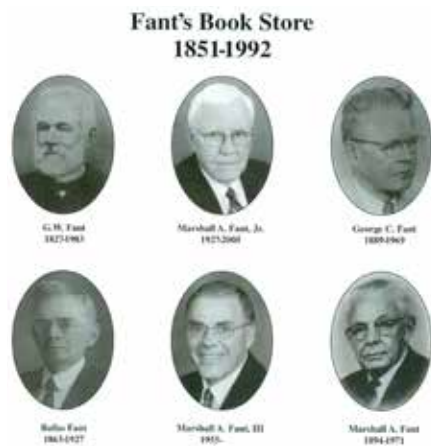
By Rich Otter

At one point in time Fant's Office Supplies was hailed as the longest serving family owned business in the state of South Carolina.

It all started after George W. Fant came to Anderson from Townville in 1851. He opened G. W. Fant & Son, a general merchandise store that also served as the Post Office. Over the years the complexion of the merchandise changed as did the name evolving into Fant's Book Store and finally to Fant's Office Supplies.

In the early days they even sold flower bulbs, Easter lilies and seeds of all kinds. G.W.'s son Rufus had big greenhouses on East River Street and Marshall Fant Jr. recalled six large oak glass paneled ice boxes at his grandmother's home for cut flowers. His grandfather also imported palm trees from Africa and bamboo from China.

Two sons of Rufus — Marshall and George — came into the business. George handled the books and Marshall the merchandising, buying



and selling. The business moved several times but stayed around the Anderson downtown square until 1978 when it moved to a location on North Main Street.

The stores on the square had marble and wood floors. The wood had to be oiled and every night in the early days sawdust was put on the floors and then swept to keep the dust down. As was the custom, counters were covered each night with cheese cloth. Rufus Fant and his wife did all of the landscaping on the square. They planted banana and other plants. The banana plants were taken up in the fall, stored in the



A photo of G.W. Fant & Son general merchandise store in downtown Anderson in the late 1800s.

store basement, and replanted in the spring.

Attorney/Judge Earle McGee Rice remembered: "When Lindbergh crossed the Atlantic in 1927, we had very few people who had a radio, and the papers came out a day late with news. Across Fant's Book Store's front window ... I saw a sign that said 'Lindy Lands In Paris.'"

Students rented their school books at the store. It was then that the name was changed to Fant's Book Store. When the state took over the

schoolbooks the Fants feared it might end their business, but they adapted. They then sold fishing equipment, sporting goods and even took on a line of Janzen bathing suits.

Because they sold fountain pens, they had to buy gallons of brown, black and blue ink. It was bought in the spring and the fall because it was shipped from Iowa and would be ruined if it froze in transit. Ink blotters were sold in 18-by-24 strips. The large strips were used on businessmen's desks. Their documents were turned over and blotted to dry the wet ink. They even sold left-handed fountain pens. Typewriters required carbon paper that could make up to 16 copies. They carried a large inventory of greeting cards. They converted to ball point pens and finally to computer equipment and supplies.

After the death of George Fant, Marshall Fant Sr. took over the business and then it passed to Marshall Jr. whose son Marshall III joined him in 1977. They moved to the North Main Street location and in 1992, when Marshall III decided to seek a Master's degree and go into the ministry, they sold the business. It had been in the family for 141 years, through four generations.

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# Dear Kay, the Genealogist

Dear Kay,

All the websites I have looked at after uploading my son's DNA don't have any Ydna or Mtda matches. Do I need to use another test kit? I'm confused. And is it easier to find family with this? Thanks for all the help. I need it!

Confused Kathryn

Dear Kathryn,

A basic autosomal DNA test is obviously what you ordered. This is the best test to start with if you are looking for basic ethnicity results and people related to you. Ancestry.com DNA tests are good for this, especially if you can add at least a small family tree and connect it to your test results. Ancestry is designed to work well for people with all levels of skill in understanding results and digging further. 23andMe and Familytreedna tests are very informative but you might have to dig a little deeper and do more analysis. The Ydna test is a completely different test and tests only the straight male line that can go back hundreds of years. And I wouldn't do the mitochondrial test because it is hard to decipher and doesn't give you much information for the money. So, I believe that you chose the best type of test for your son.

P.S. You and your son might want to attend the annual South Carolina Genealogical Society Conference in Columbia from July 12-13. The programming is heavy on DNA and you and your son would learn a lot about genetic genealogy. For more information, contact the Anderson County Genealogy Research Center at 864-540-8300.

Genetically yours, Kay

# Anderson County Square and the PLYWOOD JUNGLE

By Kay Willis Burns

Imagine decades ago, and walking behind the Historic Anderson County Courthouse and you see Fleischmann's Department Store, Bailes Department Store, and F.W. Woolworths. Some of us had the pleasure of eating the Woolworths German chocolate cake and drinking their fountain drinks at the counter. Those cherished memories occurred in the shadow of the Historic Anderson County Courthouse. Today, if you walk behind the Courthouse, if you're not careful, you might be run over by a car because there's a street there now. If you walk a little further, you will see what is currently known as the PLYWOOD JUNGLE. You would have no clue that, at one time, this was the very heart of the city. In most towns, an existing town would become the County Seat. In our case, when Anderson County was created, there had

not been an official town. This area had formally been part of the Pendleton District that comprised the present -day counties of Anderson, Pickens, and Oconee. The 'capital' of that district was Pendleton.

Today, as in the past, the most constant presence in Downtown Anderson is the Historic Courthouse. The County, in partnership with Peach Properties, is now looking to turn the PLYWOOD JUNGLE into a development that will complement the Courthouse and become a center piece for Downtown Anderson. Negotiations are still in process. Studies indicate a serious demand for housing in Downtown Anderson. A recent study has indicated a need for 100 apartments and/or condominiums. In addition, private and governmental entities have expressed an interest in being part of this project. There



will not be just one building. As a matter of fact, there, will be several buildings. In addition, there will be areas of public green space. One of the buildings is scheduled to have a terrace overlooking Wren Park. Conversations have included the possibility of a rooftop restaurant. Another item under consideration is closing the street behind the Historic Courthouse and in front of the PLYWOOD JUNGLE. This site would become a public plaza connecting the Courthouse with the new development. Due to the slope of the site, some parking

will be underground. One of the primary goals of the project is to unify the Courthouse with the new development. Conversations with the City of Anderson concerning landscaping and parking are ongoing. "The City will be a vital partner in the success of this project," said Anderson County Administrator, Rusty Burns. "This project will be a true public/private partnership. All of the buildings will be paid for by the private sector and the majority of the property will be returned to the tax rolls."

The development has already generated other projects in the Downtown area. The developer hopes to be under construction before the new year. County Council Chairman, Tommy Dunn, said, "This project will be a private endeavor with no effect on Anderson County taxpayers. We have one chance to get this right, or live with a 200- year mistake."

# VIEW FROM THE STANDS

By Dan Lacobie

Summertime is here. In the sports world it means high schools, colleges and some pro teams of sorts are preparing for the next season. I've had the extreme pleasure of covering several area high school teams this past school year and what that did for me was to take me back, many moons ago, to the days of growing up and playing everything from little league ball up into high school sports. Those memories triggered others in the form of the mentors. It maybe unbeknownst to these men, but coaches were a very important part of my life then.

These men took their time to teach young boys and shape them not only into athletes but help mold their minds into becoming decent human beings.

My point here is that if you were to have an opportunity to coach a young lady or young gentleman, take that bull by the



Dan Lacobie

horns and do it. I had a chance back many years ago to do so and I did. It was one of the happiest and memorable times of my life.

So I'd like to take a quick second to thank a couple of my own mentors; Coach Jim Fraser and Coach Harold Jones. Thank you for taking the time.

Looking into professional sports now let's check out the Atlanta Braves. At the moment the Braves are holding on to second place in the National League East division with a record of 28 wins and 23 losses. This gives the Braves a .549 winning percentage so far this season. With the all-star break looming just around the corner, the Braves look to take some momentum into the second half of the season.

Out of the last 10 games the Braves are

7-3, which puts them just 1.5 games back of the Philadelphia Phillies.

In those 10 games the Braves took a series from St. Louis 2 games to 1. After the Cardinals, they took on the Milwaukee Brewers in which the Braves won that series as well.

Next was an always tough 4 game series with the San Francisco Giants at San Francisco. In the first 2 games both teams each won one. In the last two the Braves came through with a big third game win 9 - 2 and won the 4th game as well, 5-4.

Upcoming for the Braves is another series with the Cardinals in St. Louis this round and a matchup for division rival the Washington Nationals who are without star player Bryce Harper who was traded to the division leading Phillies.

Until next time, look into mentoring, coaching or whatever you can do to help our kids. It will be worth your time.

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# SOUP KITCHEN DESCRIBES MISSION

Bobby Hardman, Operations Manager of the Anderson Emergency Kitchen — The Soup Kitchen — along with volunteer and Board of Directors member Christine Morrissette were recent guests at a gathering of ladies on mission of Boulevard Baptist Church. They spoke to those gathered about the origins of the Soup Kitchen, which was established at Grace Episcopal Church in 1982 and has been in operation daily since.

The Soup Kitchen has been operating out of a building owned by the City of Anderson located at 306 West Franklin Street in Anderson for many years now and has a crew of 35 volunteers who serve over 18,000 meals a year.

The women were informed that the "Soup Kitchen" relies solely on the generosity of the community and is a nonprofit that welcomes donations of unexpired food, paper goods and monetary donations.

Hardman and Morrissette made those in attendance aware that the kitchen serves hot meals five days a week from 10:45 to 11:45. On Saturdays, various churches and fraternities/sororities in the community take turns serving bagged lunches from the front porch. All are welcome to come and enjoy a hot, nutritious meal. The women of Boulevard Baptist Church then made a donation of food as well as a generous monetary contribution.

## LEVEL UP: Learn about your child's reading level

By Katie Laughridge

Knowing your child's reading level is key to helping them practice and improve their reading skills this summer.

"Leveled reading," an assessment tool commonly used by many teachers, is an effective literacy strategy that works by pairing children with books that best match their reading abilities. As their reading and vocabulary level progresses, the child is then challenged with more complex books. In this way, the child learns to read and increase their vocabulary skills without getting overwhelmed or discouraged. In response to the overwhelming success of this strategy, a variety of excellent "leveled reading" book series have been published and made available to teachers across the country.

While these reading programs all agree that the basic concept of "leveled reading" is most effective, there are notable differences in the techniques each one uses to achieve it. Three of the most common approaches are listed below:

**Guided Reading Level (GRL):**



Katie Laughridge

With this approach, the student is asked to sit with the teacher at beginning of the school year and read from a book (or set of books) considered standard for their grade level. The teacher will then determine the child's "GRL- Guided Reading Level" score based on their reading fluency (how fast or slow they read) and ability to answer a series of comprehension questions. Books used with this approach are categorized in levels A-Z ("A" being the easiest).

**Developmental Reading Assessment (DRA):** This assessment has many similarities to the "GRL" approach. At the beginning of the school year the teacher will ask the student to read a "benchmark" book aloud, and then her to retell the story in her own words. The teacher then scores the student on a range of skills, such as accuracy of reading,

comprehension, and fluency. This system starts with level A (for the easiest books) and then switches to numeric levels (running from 1 to 80).

**Lexile® Measures:** Using this approach, the student may receive a "Lexile" measure in one of two ways: (1) by taking a school-administered Scholastic Reading Inventory (SRI) assessment, specifically designed to generate a "Lexile" measure of reading ability, or (2) by taking a standardized leveled reading test that converts the results to a "Lexile" measure. "Lexile" also evaluates books for difficulty, with levels ranging from 200L to 1700L+ for advanced readers.

Throughout the school year the teacher will use these measures to assess the student's reading progress. It is important that parents are knowledgeable of their child's "reading level" at all times, especially prior to the end of the school year. In this way, parents will be able to help their child pick out books from the library or bookstore that are "just right" for their reading level during the summer! It may also be helpful to know that "Scholastic.com" and "Amazon.com" sometimes have book levels listed to help you search for books that match your child's reading level. Additionally, these levels can usually be found on the bottom of the back cover of a book. If the reading level is not listed in either place, it can also sometimes be found by performing a "Google" search.

Regardless of their reading level or the assessment tool used to determine it, the important thing is to encourage your child to read during the summer months — so they don't experience the dreaded "summer slump" when school starts back in the fall. By reading together as little as 20 to 30 minutes each day, you will help your child retain the valuable skills they learned during the school year and will provide them with the confidence they need to continue their journey towards becoming a successful reader.

"There is no such thing as a child who hates to read; there are only children who have not found the right book."

— Frank Serafini

Happy searching and happy reading!



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